



## My Paris | Concierge Focus



### Benoît Barrault

Where recently sat with Head Concierge of the Buddha-Bar Hotel Paris, Benoît Barrault, to pick his brain on where and what our readers should go and see while visiting the French capital...



Dine at Goust

### TIPS FROM OUR PARIS EXPERTS...



Glide along the tranquil River Seine

is the chic and haute couture Rue du Faubourg St Honoré and avenue Montaigne. For trendier looks, the Marais district offers multi-brand boutiques including Merci and L'Eclaireur and is ideal for real fashionista shopping!

**For a couple in love, where would you recommend they go for a romantic dinner?**  
Les Yachts de Paris on the river Seine. Nothing could be more romantic than an exclusive dinner aboard this fabulous boat with your loved one and declaring your love as you pass by the sparkling Eiffel Tower!  
That's why Paris is magic.

**What novelty did you recently discover?**  
Restaurant Goust, Enrico Bernardo's new restaurant, is found in a beautiful Napoleon III décor and where wine lovers will be spoiled with this world champion 2004 sommelier's wine list.



Shop along Avenue Montaigne



Enjoy a cocktail at Le Quatre

**If one of our readers is only in Paris for 24 hours what one thing would you recommend they do?**

Close to the Buddha-Bar Hotel is the Village Royal, the former barracks of Louis XIII's famous musketeers, a peaceful and brilliant spot where a good breakfast could be enjoyed on the sunny terrace of Le Passage coffee shop. After breakfast you could go on a Segway tour, a 3-hour trip that will take you from the Eiffel Tower to the Louvre, from the Orsay Museum to the Arc de Triomphe passing by the Champs-Élysées and from the Alexandre III Bridge to the Invalides. For lunch why not ask your concierge to arrange the delivery of a tasty picnic basket custom designed by Rougui Dia, the famous chef of the Buddha-Bar Hotel Paris in order to enjoy the sun on the banks of the river Seine. For a spot of shopping head towards Saint-Germain-des-Prés and Grenelle, Bonaparte and Dragon streets and down to St Sulpice where you will find famous French brands, and don't forget to go to 17 rue de Sèvres to visit the Hèrmes boutique where the former Lutetia swimming pool that was built in 1935 and listed as an historic monument used to be.

To begin your evening, enjoy a cocktail at the Le Quatre bar, and take in the live DJ sets being played before dinner at the Pershing Hall

restaurant overlooking the patio. Then go to Crazy Horse to see a sexy Parisian cabaret.

**For our readers who are looking for a traditional Parisian bistro serving authentic French fare, where would you book them a table?**

One of my favourite bistros is definitely Benoit, which is owned by master chef Alain Ducasse. I like it not because it bears my name but because as soon as you step inside you return to the beginning of the 20th century.

**Paris is well known for its magnificent monuments, from where would you suggest our readers get the best view of the city?**

Little known even by the Parisians, the terrace of the Institut du Monde Arabe is a marvellous spot to enjoy tasty mezzes and a stunning panoramic view of the River Seine and Notre Dame.

**It's not always easy for our readers to find somewhere fun to head to at 2am, where would you recommend they party till dawn?**

I really like Silencio, Raspoutine and Matignon where you can party there easily till 6am.

**As the fashion capital, which areas do you think showcase the best fashions?**

Just one step away from the Buddha-Bar Hotel

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